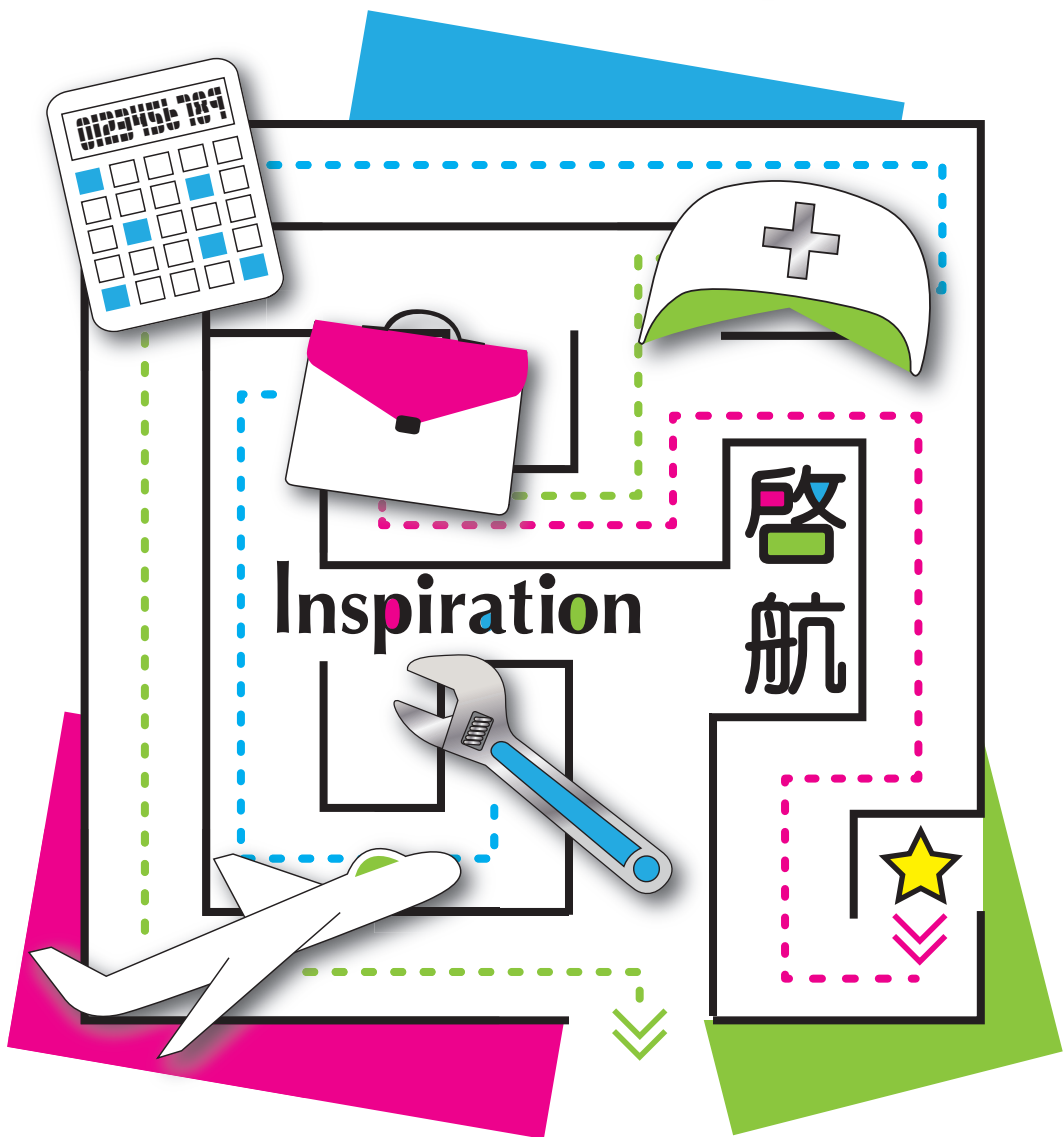


# 何文田官立中學

Homantin Government Secondary School



生涯規劃及升學就業輔導組

第四期刊物

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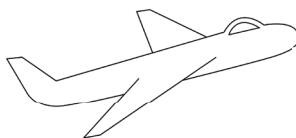
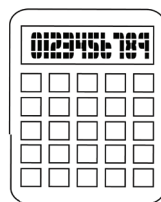
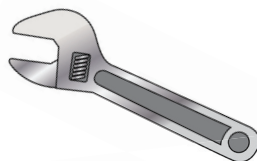
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## Words from Careers Mistress

Ms. Leung Ka Man & our S1 reporters

Enabling students to “strengthen life planning education and career guidance service” is one of the main objectives in the work plan of Life Planning Education of our school in 2014-15. This fourth issue of our annual careers magazine “Inspiration” is exactly dedicated to this objective. It is a record of our students’ proactive involvement in exploring the careers world, with the assistance of teachers and alumni. Not only did students learn first-hand about the experience of these alumni, they also gained confidence in social skills and team work. In this issue, apart from interviews of alumni in different industries, articles by Secondary 1 students and snapshots of career-related activities, we have introduced new sections like Secondary 6 students’ articles on their own paths and an aptitude test. I believe all our students would be able to benefit from this inspirational magazine while reading it during the morning reading period. This magazine helps students not only gather and process careers information, but, most importantly, motivates them to strive for excellence through self-reflection, goal-setting and action.

I am also delighted to note that Secondary 1 and 2 students are playing more and more active roles in the editorial team, as it is never too early to explore ideas about what you would like to do in the future.

Last but not least, I would like to express my deepest gratitude to our Assistant Principal Mrs. Shiu and all the careers teachers, who have sacrificed their many lunch and after school hours in their busy daily schedules to guide students to conduct interviews with alumni and also to give students all sorts of support in writing the reports and articles. Also, on behalf of the school, let me express our sincerest gratitude to all the alumni who have spent their time to share their precious career and life experience with our students. I would also like to give special thanks to Mr. Chan Chung Tin, Michael, who has spent a lot of time in this issue helping the students. We wish all the alumni every success in the years ahead.

## ***Publisher***

Homantin Government Secondary School

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# 校友專訪



校友：何志磊先生

記者：張韻儀 梁樂煒 羅泳思 王嘉寶 (中五)

指導老師：黃懿嘉老師

**何志磊先生**是我校的校友。1980年畢業於香港中文大學經濟學系。曾先後任職於南洋商業銀行、英國栢克萊銀行、麥當勞物流公司、必勝客、比利時英特魯啤酒集團等知名跨國企業中國區主管。自2000年起全面投入早已於1980年以兼職身份創立、代理燒烤炭精為業務的振華集團。目前他設在國內的兩家廠房，為中國最大的燒烤炭精生產商，主要在歐美市場以及香港零售炭精。

厚職，全職發展振華集團。他從創業中得到一份成功感，「創業的收穫關鍵不在於能獲得多少的盈利、賺到多少的錢，而是能擁有更多的自由、自主和更大成功感。但要事業成功，你就必須要投放大量的時間、金錢和努力。」他更提出一個「攝氏98度」理論，「失敗者失敗的原因是因為在煮水煮到98度時便放棄，而成功者則用心等待，直至水沸騰起來。」

「聽君一席話，勝讀十年書。」是我們訪問後的感想。何校友以自己親身的經歷告訴了我們「成功非僥倖」的道理。他的工作生涯看似十分順利，任職的公司規模也越來越大，薪金也越來越高，然而這是與他的堅持和努力有關。他亦提醒了我們，做人處事最重要的不是你有什么的方法、手段去籠絡人心，而是自身的情緒智商（EQ）。

自1980年在香港中文大學畢業起，何志磊先生便開始「打工皇帝」的生涯。最高峰時期是在比利時英特魯啤酒集團任職中國區總經理，成為集團中最高級別的三十六人行政委員會成員之一，年薪數百萬美金。這成為何校友人生中最值得驕傲和難忘的事。

後來何校友毅然放棄高薪



## 新聞編導～

# 吳穎灝



吳穎灝校友現在是亞洲電視新聞製作部初級編導，並已工作超過一年。大家想知道在電視台工作有何體會？我們從電視中看到的新聞報告又是如何製作的呢？究竟這項工作有甚麼特別之處能讓吳校友那麼熱愛它？

**我：**你好吳校友！我知道你在亞洲電視新聞製作部擔任初級編導一職。請問這個崗位的主要工作是甚麼呢？

**我：**初級編導都已經有這麼多的工作，那高級編導豈不是更繁忙？

**吳：**不錯，雖然這項工作十分辛苦，但我仍然熱衷於它。因為我很享受做完直播新聞後的滿足感，要在短時間內做到三個直播窗其實真的不容易，所以每一次直播都是不停學習和提升能力的機會。這些工作對我來說十分有意義。

**我：**我也認同你的說法，提升自身的能力就是要挑戰自己。初級編導的入職要求是甚麼？

**吳**:我中五畢業後在職業訓練局修讀電影及錄像課程。然後就加入了亞視。只要中學畢業和文憑試五科合格就可以入職。起薪點是\$9,300。如果是大學畢業生，就要有大專文憑和一至兩年從事影視方面的經驗，起薪點是\$11,000。

**我**:晉升的機會如何？

**吳**:一般來說工作三年就可以升職，不過亦要從各方面(包括經驗，表現和創意)評估個人能力能否勝任更高的職位。而且，也要評估初級編導的反應能力，因在這與時間競賽的地方，一定要反應敏捷才可以製作成功的新聞節目。當然，我亦可以轉職到其他公司學習，但我認為亞視是最多設備和最多學習機會的地方。

**我**:假如何官同學有興趣當初級編導，你會推薦他嗎？

**吳**:當然會，畢竟這是非常有意義的工作，挑戰性高，值得一試。不過要肯捱苦才行呀！

最後衷心多謝吳穎灝校友提供這麼好的一個機會，讓我們去了解這份工作，希望他能在電視台中創出一個屬於他自己的天地！



## The Dream of Being a Drama Educator

**W**hat should I consider when I look for a job in the future? The answer will probably be “a comfortable working environment” or “a good salary”; but have you ever thought of turning your interests into your career? Many people would agree that the best occupation is to earn a living by doing what you love. If you want to integrate your hobby with your job, you must read the following interview we had with Miss Yentl Ho. She is a graduate of our school and is now a drama educator.

**Y** = Yentl

**S** = Christine, Joyce and Toby



**S** : Nice to meet you! We know you work as a drama educator. Can you tell us what the main duties of being a drama educator are?



**Y** : Sure! First of all, I need to go to different primary and secondary schools to teach students English through acting or writing scripts. My job does add colours to their regular English lessons. Sometimes it is tough to help schools rehearse for their anniversaries because there are often many limitations, expectations and pressure. However, it is always rewarding to see students trying their best to perform for the audience!



**Y** : If you have no or just little knowledge of drama, it is never too late for you to start now! You can start by joining the school's English Drama Club to know what theatre is and learn some basic skills. If you have already done that, you may try to join some theatre groups outside school. This will allow you to experience and learn more about how to be a good actor. It is also helpful to search for some up-to-date drama-related materials online. If you are really interested in theatre, you may apply for the degree programme offered by the Hong Kong Academy of Performing Arts (HKAPA) to pursue your dreams.

**S** : If our fellow schoolmates want to work in the field of drama, what should they do to prepare themselves?

**S** : Is there any unforgettable experience about your job that you can share with us?



**Y** : One time I was teaching a group of students who were very lazy and they never listened to me in class. I thought they could never perform well in the show. However, one day, one student asked me if they had a chance of winning. I said no. From that moment onwards, they started to work very hard. Finally, even though they lost in the contest, everyone enjoyed themselves in the process. Of course, I was very happy too.



**S** : What a special experience! Can you tell us what personal qualities a drama educator needs to have?

**Y** : First of all, you need to be open-minded. There are always different opinions when producing a play. Students are often very creative and offer various ideas during rehearsals, so accepting others' suggestions is important. Drama production is about teamwork; it won't work if a play only represents one person's point of view. You also have to be easy-going. The field of theatre is very intimate, which means a wide social circle may help you get more opportunities. Getting along well with your students and colleagues will definitely create a more pleasant working environment and make your job easier.

**Yentl** added that it is “never late to start learning”. Teenagers can always explore various fields through participating in different extra-curricular activities. It is important for you to develop your interests and know what you really love. What is more, you should be prepared at all times for your life ahead. You will never know the results without giving it a try, so you must be determined and devoted if you want to succeed.

**Interviewee:** Miss Yentl Ho

**Reporters:** Tracy Cheung (alumnus)

Toby Yip (S6)

Joyce Jaw (S6)

Christine Wong (S6)

**Interviewee: Ms Mak Chui Wan**  
**Reporters: Kelsey So (S5)**  
**Germaine Kwok (S5)**  
**Advisor: Ms Chu Tik Siu**

It's really unforgettable to have the opportunity to interview an alumnus of our school, Ms Mak Chui Wan. Miss Mak has an interesting job. She is a Legislative Assistant and she works for the very famous and outspoken politician and Legislative Councillor, Mr Wong Yuk Man.

## The job of a Legislative Assistant



### Q: What is your job about?

A: I mainly help recording videos and taking photos for the activities of Mr Wong Yuk Man, like during the LegCo meetings, school talks or demonstrations that he participates in. I need to upload the videos and photos on the internet and update the content of his webpage frequently. Besides, I also need to help Mr Wong prepare information and questions for his LegCo meetings. Sometimes, I help holding activities and services for the elderly and help arranging school talks. I may also need to handle some personal matters for Mr Wong, such as organising his daily schedules and appointments. If he needs to go overseas, then I'll have to help him book air tickets, accommodations, etc. There's quite a wide range of work.

### Q: What difficulties have you encountered in your job?

A: To be honest, I seldom cared about current affairs before I took up this job. When I was studying in secondary school, there was no Liberal Studies subject. Therefore, I was quite ignorant about the social or political issues in Hong Kong at the beginning. And of course, I was not able to perform my duties very well. Then, I started to care more about what's happening around us in our society. Luckily, Mr Wong has taught me a lot. He is a very knowledgeable person and he always teaches me.

### **Q: Why did you choose this job?**

A: Well, in fact, it's just by chance. Actually, I studied Cultural Studies and Media in university. After I graduated, I met an old friend one day and she told me she's working for a Legislative Councillor. In our conversation, she told me many interesting things about her job. Since I'm not the kind of person who can work from 9 to 5 in an office, I was attracted to the job of Legislative Assistant. Then, I knew there's a vacancy in Mr Wong Yuk Man's office. I applied for the job and I was hired. I have been working for him for almost 4 years by now.

### **Q: Does this job have any impact in your characters?**

A: Certainly. It's made me pay more attention to the news and care more about our society as well as what is happening in Hong Kong. In the past, my friends and I didn't care about the news or current affairs. Now, through my job, I know more about the Hong Kong political and social issues. I have the chance to meet people from all walks of life. I have witnessed and experienced many protests and demonstrations and talked to many people and learned about their problems and feelings. This job lets me learn a lot and meet a lot of people. I am much more mature in my thinking and I now care more about our society.

### **Q: Were there any unforgettable moments in your job?**

A: A few years ago, I had to take photos for the "1st July Protest". However, when we arrived, the policemen told us that the protest was already overtime. They demanded us to leave, warning us that if we did not dismiss, the protest would become an illegal gathering. The situation at that moment was quite chaotic as the policemen were surrounding all of us. I was nervous because I knew it would be dangerous to stay there. Finally, we succeeded in persuading Mr Wong to leave. It was such a close call for me to be caught by the police! It's really an unforgettable moment in my life.

### **Q: What qualifications should a legislative assistant possess?**

A: Well, you need to be a bachelor degree holder, have outgoing personality and ability to work independently, have good command of spoken and written English and Chinese, and proficient in using the computer such as MS Word, Excel and PowerPoint. Most importantly, you must be willing to work outside office hours, like in the evenings or on Saturdays, Sundays and public holidays.

**Q: Wow! It's really not easy to be a Legislative Assistant. Thank you for taking the time to share with us about your job.**

**A: No problem! It's nice to come back to this school, where I have a lot of great memories.**

After talking with Ms Mak, we have learned a job which we did not know much before. We have also realised one more thing: Behind every successful Legislative Councillor, there are many hardworking Legislative Assistants!



# The Angel of Society -

## Nurse



'A man with a job that he really loves and enjoys is probably the luckiest person on earth.' Indeed, happiness and satisfaction can be obtained by doing what we love. As a young person, have you ever thought about what your ideal occupation will be? If you are not certain about your future goals, perhaps this interview can help. We are honored to have our alumni, **Corinne Lo**, who has been working in Queen Elizabeth Hospital for 5 years to tell us about her job as an oncology nurse.

**Q1: What are the daily routines of a nurse?**

A: There are some general duties. We have to measure and record the vital signs of patients, which include their blood pressure, oxygen saturation level and body temperature. We need to distribute medicines and give injections as well. Also, we have to always monitor our patients and report their conditions to doctors. To provide our patients with a regular schedule, we will encourage them to exercise, watch television and read newspapers at different times of a day. In general, we are not only responsible for their medical treatments, but also their other needs.

**Q2: What are the challenges of being an oncology nurse, or a nurse, in general?**

A: One can never predict when a patient's situation will be worsening so we need to always be alert and sensitive when taking care of our patients. Another challenge is that this job requires great adaptability as we face changes and emergencies every day. Normally, one nurse has to look after eight patients; but for busier wards like oncology, one nurse will need to take care of fifteen patients. In order to do our job well, we must be able to multitask and adapt to a stressful working environment.

**Q3: What are the prospects of this career?**

A: I think it will continue to grow and develop in the near future. With the ageing population in Hong Kong, the government will be required to allocate more resources to health care, especially elderly services. As a result, hospitals will need more medical professionals. In other words, the demand of nurses will increase. Regarding the opportunities for promotion, a Registered Nurse (RN) with a degree in nursing and at least five years of experience will be qualified to be promoted to Advanced Practice Nurse (APN).

**Q4: What personalities are required to become a nurse?**

A: In my opinion, everyone can become a good nurse regardless of their personalities. On one hand, people who are patient and kind do help maintain a good relationship with patients. On the other hand, straightforward people can be good nurses too because they are smarter and can handle emergencies very well. In fact, as a nurse, being responsible is very important because your patients need your help and care during their stay in hospital.

**Q5: What do you think makes this job rewarding?**

A: I think "life isn't about its length but what we can learn from it". This is the most important lesson I have learned from my job. Every time when I see my patients undergoing electrotherapy or chemotherapy, I have lots of unpleasant feelings. What is more, dealing with negative emotions and facing deaths of patients are not easy at all. Nonetheless, all these things remind me of the meaning of life. I realize how important it is to show patients love, especially as an oncology nurse. We should respect our patients and let them know that they always have our support.

Being a nurse can be difficult and stressful, but one can never gain without pain.

o c -  
y o u r



If you are really passionate about this cupation, just go for it! Work harder and dream shall come true very soon.

Interviewee: Ms Corinne Lo  
Reporters: Tracy Cheung (alumus)  
Kenneth Ho (6H)  
Annie Wan (6H)  
Wing Yeung (6H)  
Advisor: Ms Lam Shuk Ping

**S**tarting from the 1st of September last year, my life has become extremely busy and sometimes too heavy for me. I have to finish unlimited school work every day, even during holidays. On top of this, I need to attend tutorial classes three times every week. I believe most Form 6 students are under the same situation as mine. And obviously, we have the same goal – going to university.


Going to university is the first step to pursue an ideal future lifestyle. What is an ideal future lifestyle? If you ask me, I would like to say an ideal lifestyle means that I have a stable job and satisfactory wage. A satisfactory wage allows me to pay for housing mortgage loan, everyday expenses, entertainment and sometimes to buy some luxury goods. Of course, it will be better if the working environment is favorable for me.

To achieve my goals, all I can and have to do at this moment is to try my best to boost my academic performance in order to get an outstanding result in HKDSE exam. If I succeed, I will be studying nursing in The Chinese University of Hong Kong next year. In five years, I will have graduated and started working in hospital. I will keep upgrading myself by studying a Master Degree and focusing on my work in the first five years. I will fight for a higher position in the workplace to improve my living quality. When I have a higher salary, I can save more money for buying a flat and travelling.

After the first five years of work, I will shift my focus from work to my family. I will spend more time on staying with my parents and other family members. When the time comes, I will consider marrying and holding a grand wedding ceremony. Then, perhaps I will get pregnant soon and give birth to a girl, forming my own family.

However, things may not go so smoothly! If I get a dissatisfying result in HKDSE exam, I will study a higher diploma course because of my passion of study. I will never give up striving for a chance of going to university.





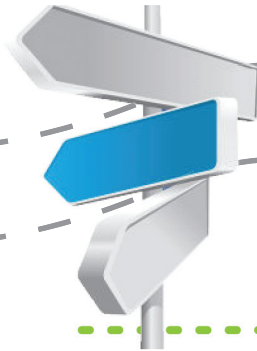
Rome was not built in one day. I believe that if I have a determination and work hard, all my dreams will come true.

## S6 Wong Kin Tung

I wonder if I could be a great and famous man in the future.....  
However, I still do not have a very clear picture or a complete plan of my path. What would I be?

I started learning violin and music theories when I was primary four, so I now have a fully – developed sense of music. Also I find that I have interest in teaching and composing music. I wish to be both a violin teacher and a music theory teacher after I finish studies. I would also like to participate in drama or movie making by composing music pieces.

I think both teaching and composing music are a challenging and interesting career for me. Hong Kong people seem not to have much passion about music. I would like to raise people’s interest in classical music through teaching them music theories and techniques of playing violin. I know it is a long way to go, but nothing is like teaching that can bring me happiness and the sense of achievement. About composing songs and music pieces, it is really an interesting job for me and I won’t give up creating music pieces in the future. I would develop it as my profession.



On the other hand, I have a great interest in and passion about design. Basically, I am attracted by all kinds of design such as products advertising and fashion. However, what I like the most is visual communication. I wonder if I could be a graphic designer, to deliver messages through my artworks. With my creativity, I can create some adverts, posters, book covers, leaflets and webpage. I started using some design software like Photoshop when I was in primary school, so I have got some basic skills of designing things. I do think that being a designer is cool and that's what I want. I know this career is not a high-paid job. However, I won't consider salary an important factor when choosing a job.

I look forward to achieving all my targets in the future and I know it's possible if I work really hard!

## S6 Yuen Wing Shan

Everyone has their own dream. I am not an exception. When I was young, I had a lot of dream jobs, such as being a nurse, a doctor or a policewoman. However, after a few years, I think those jobs are not very suitable for me. Now, I want to be a kindergarten teacher when I grow up.

Generally speaking, people receiving university education can have better career prospects. But I know it is very difficult for me to enter university and get a degree. I am so glad that in Hong Kong, there are many ways to become a teacher. I can study in Hong Kong Institute of Education or higher diploma courses on education. Actually, university is one choice, but I think studying in university may not suit everyone. Some people may learn better by practicing.

Being a teacher, especially a kindergarten teacher, is very difficult; This is because kindergarten students are very young. Teachers need to take good care of them and always need to keep an eye on them because they are not independent. I think a kindergarten teacher needs to be helpful, thoughtful and friendly. Also, the most important thing is that he/she needs to love children very much and be patient.



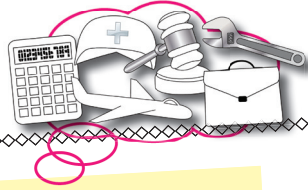
Being a kindergarten teacher isn't easy. Teachers need to keep their own spirits up when they are feeling down. Kindergarten teachers need to shoulder the responsibility to motivate students to learn. Finally, teachers need to be diligent, not just to teach the students, but also to learn from their work or others in order to enhance their performance.

Finally, there are only a few months ahead for me to prepare for the DSE exam, I need to do the revision regularly. I hope I can try my best to achieve the goal and fulfil the requirements of being a kindergarten teacher.



# My Dream Job

Advisor: Ms. Leung Ka Man



**S1 Icy Lee**

My dream job is to be a writer. I think that creating a story is very happy. It is a way to express my feeling to others. When I was small, I hated reading and writing. I thought it was boring. However, now I find the fun in reading and writing too. It helps me relax.

I know that if I would like to be a writer, I have to be creative. Otherwise, nobody would be interested in reading my stories. In these few months, I am thinking of some plots in a story. I am thinking of the names of the characters and the order of events. It is difficult to think of good ideas. Being a writer is not as easy as I think, but I will try my best to make my dream come true!

**S1 Elisa Mak**

I would like to be a reporter reporting news from other countries. I would like to travel to other countries and report on their different cultures. Being a reporter, I know I have to get into a university to study Communications. If I can be a travel reporter, I can stay overseas and know friends from different countries. I think my future is not only a dream, if only I can work hard to pursue it!

**S1 Barnabas Yam**

I want to be a scientist, as I think it is a very exciting job. I want to invent a machine to go to the future and go back to the past. Being a scientist, I have to improve my English and my knowledge in Science.

### S1 Ruby Chan

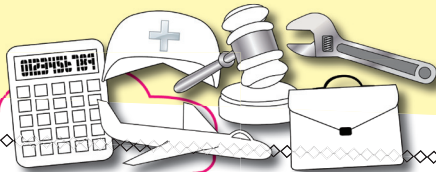
My dream job is to be a doctor. Being a doctor, the person has to graduate from the medical school in a university. Also, the person needs to be an intern in a hospital for some years. If he/she can pass the internship, then he/she can become a doctor. I have to work really hard if I want this dream to come true. I hope I can be a doctor and can help a lot of patients in future.

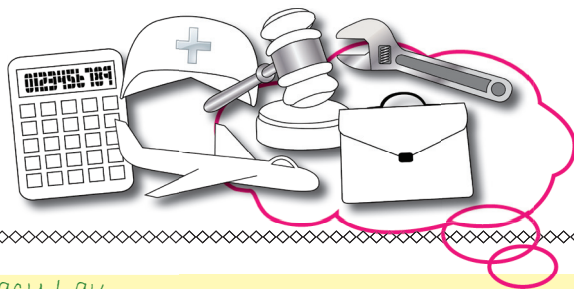
### S1 Lily Lam

When I was young, I wanted to be a policeman. However, now, I have changed my mind. I would like to be a designer. Being a designer, one should be creative. This is because he/she needs to think of a lot of new designs. Designers can be divided into different categories: fashion designer, graphic designer, interior designer..... All of them require a person with many creative ideas and good at drawing and expressing their new ideas to others. I think being a designer is a good job for me because I love designing things. I hope my dream will come true one day.

### S1 Chole Lau

I want to be a dance teacher because I love dancing very much and I love teaching children to dance too. I know now I have to practice my dancing skills every day. I also have to be patient to children when teaching them. I hope my dream can really come true one day!






### S1 Tracy Lau

Many would laugh if they know what my dream is. I would like to be an marine biologist. They say this is not a dream job but just a dream! Well, I insist on having this as my dream job, as I really love ocean a lot. When I was young, my mother brought me to a trip on an ocean. Suddenly, we saw something moving on the sea. My mum pointed at it and said, "It is momo but it will eat you! So don't get closed to it!" Momo is a shark in a cartoon which I loved most at that time. After that time, I started reading a lot of books related to the sea and sea creatures. I love them so much.

Maybe when I grow up, I will go to US or Taiwan to study a degree in Marine Biology. I hope I can really become a marine biologist one day in future.

### S1 Vivian Lam

I want to be a doctor. I know I need to study in the university for six years. During this period, I can learn the basic medical knowledge. Then, I will become an intern doctor and have to work in hospitals. I will be the mentee of some experienced doctors to learn the practical skills. After the internship, I will be a real doctor and may open a clinic. I will provide patients appropriate treatments and cure their diseases. I can also earn sufficient money to support my family. Being a doctor is a challenging job but I will not be scared and I will try my best to make this dream come true. I believe I will become a good doctor one day!




When I was seven <sup>years</sup> old, I want to be a policeman because I could catch all the bad people.

When I am 12 years old. I want to be an athlete of ice-skating because

I Love Ice-Skating!!!



18 Johannes Lau (20)



When I was 7 years old, I wanted to be a teacher. It was because I could teach children to learn different things.



Now I want to be a dancing teacher. It is because I like dancing very much and I want my children <sup>to</sup> dance well.

I hope my dream will come true !!!

chloe lau 15 21



# Daddy, what is your job?

An interview with my daddy

E: Eunice  
D: Eunice's daddy

Reporter: Eunice Wan (15)  
Advisor: Ms Leung Ka Man



**E:** Daddy, I know you have been promoted! Congratulations! What is your position in the Hong Kong University of Science and Technology (HKUST) now? Can you share with me your daily routine work?

**D:** Thanks. I am a Senior Facility Officer in an estate management office located in HKUST. My responsibilities are to co-ordinate with people from different levels, such as professors, workshop staff members and site workers. I have to deal with the co-ordination work of all the maintenance, in order to maintain a good environment and proper facilities for all the teachers and students in the university.

**E:** I see. In fact, how long have you been working in the HKUST?

**D:** I have been working there for 18 years already!

**E:** Wow! You have been working there for such a long time! I can't imagine it! Don't you feel bored at your work?

**D:** Absolutely not!! I am still enjoying my job very much! I get a lot of satisfaction when I walk around the campus and see the nice environment. Every student can study in a pleasant and safe place. You feel very happy if you can find the meaning in your job.

**E:** I see. That means salary isn't the only important element, right?

**D:** Of course. Salary is only one of the elements.

**E:** Thank for being interviewed. Daddy, I have now known more about your career.

**D:** You are welcome.

# 不簡單的任務~婚禮統籌師

記者：黃仲權（中五）



若要選擇一份你感興趣的工作，作為你終身職業的話，相信答案也會是一些比較熱門的工作，如飛機師，消防員，工程師等等。然而，就因為這些熱門的職業，往往令我們忽略了一些我們較少聽見或接觸的行業。我校為了讓我們對不同的行業有多方面的認識，邀請了來自香港婚宴管理及形象設計學院的專業人士講述有關婚宴的工作和知識。

在一場婚宴當中，新郎和新娘固然是主角。但這兩位主角需要一些在講座中提及的專業人士幫助。我會為大家介紹我從講座中認識的其中兩種行業。

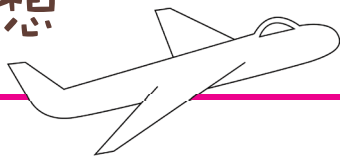
第一種行業是婚禮統籌師。婚禮統籌師可說是一場婚宴的靈魂人物。他需為每一對新人度身訂造一場婚禮，更需迎合每對新人不同的要求，為顧客盡力設計一場難忘的婚禮。除了設計婚禮外，婚禮統籌師還需要為新人策劃婚禮當天的流程，活動和細節，例如場地背景設置，音樂配合等。以上的功夫，其實不簡單，相信只有接受過長期的訓練和有着豐富創意的人才能勝任。

第二種行業是新娘化妝師。作為主角之一的新娘，當然需要一位專業人士為她化妝和設計髮型，讓她成為當天最漂亮的「公主」。但要成為新娘化妝師並不簡單，因為每位新娘也有着不

同的臉型及膚色，需要用上專業的技巧和豐富的經驗創造出既時尚又特色的新娘造型。「為甚麼新娘化妝師大部分也是女性？」這問題讓在座同學百思不得其解。是否因為女性比較細心？當然不是。其實是因為在婚宴當中，新娘需要不斷替換婚紗，而在這個過程中，女性的化妝師較為方便提供有關支援，協助新娘解決所遇問題。我更了解到，要當一位化妝師並不容易，要完成一個又一個的進修課程，並需到外地留學。

在參與講座前，我認為香港較難讓有藝術天份的年青人發展所長，也未必找到發揮自己的好機會。但經過講座後，我明白到其實社會中有不少機會讓年青人大展身手，就如新娘化妝師這個行業。有天份或感興趣的同學可報讀相關的課程。另外，此講座為同學把婚宴行業的神秘面紗揭開。因為作為學生的我們，並沒有太多機會聆聽有關在職人士分享自己的心得。通過這個講座，同學可以了解這個行業，讓我們多一項選擇。最後，我明白到一場看來簡單的婚宴，其實背後有不少人為這個婚禮花了不少心思。希望將來我們有機會投入這個行業，為一對又一對的新人送上祝福。

# 2014年香港學生魅力三峽夏令營 旅程感想



中工 梁節儀

是才旅程最重要的得著是認識到中國亦此學生與香港學生涇  
習的方法，上的內容等方是認的分別。從義工中學習到不少。除  
各方面研究它的知識，他們的經歷讓我學習到三峽大壩的建築，以  
此之外，從王儒述教授的講座中心學習到三國文化的講座，以  
有書及有利益之處。而文化講座、法律講座及三國文化的講座，以  
介紹很多自昂的獨特文化，讓我學習到更多不同地方的文化  
分別，以可以與香港的文化作出比較。

每一個地方都有獨特的文化，不親身到此經歷，只是埋頭於  
為本及電腦上未必能夠真正感受到那地方的文化。而今天的  
交流團便讓我親身經歷自昂的文化。一段旅程總會有完結的  
時候，義工們的告別為我們的旅程劃上一個完美的句號。

中工 唐英材

時先悲逝，七天的旅程經已完結，還記得這七天的旅程，大  
家以是從陌生變得熟悉，甚至建立了不少的友誼，讓整個旅  
程變得輕鬆、愉快。在旅程中，我認識到巴楚文化，了解到  
全中國最大的水利工程的结构，運作模式等等，我在這一次  
旅程中體驗到自昂的獨特文化……  
這一些美好回憶，我會銘記於心。

中工 羅翹現

我在這次旅程學習了很多有關中國及自昂的新鮮有趣事情。  
如屈原及王昭君都是來自兩個距離極近的村莊，可能證明  
那裡的土地比較特別呢！而這次旅程中我可以認識到不少  
來自其他學校的朋友，從中我可以了解其他學校的學習情  
況，獲益良多。

# 展翅飛翔——暨南大學參觀交流計劃



我校同學及家長義工



中四及中五同學、老師及家長義工

開餐啦！



廣州大學



大學前合照



歡迎同學的到來



大學圖書館



富力教學大樓



同學們專注閱覽  
大學簡介

# 日本交流之旅

記者：李俊武（中五）  
指導老師：梁嘉敏老師

## 劍道場裡的我們



一百年的和服



是次的交流之旅，我與組員走過日本大大小小的地方：東京、神戶、大阪、滋賀及京都。

參加這個交流的最大得著是得到一次珍貴的文化體驗以及一段長遠的友誼。

從前的我，對日本只有很基本的認識：它是一個島國，是一個在亞洲的島國，除此之外，並沒有任何深入的了解。但我在日本的九天裡，發現日本是一個美麗友善的國家，它沒有香港

的惱人喧囂、惡劣的空氣環境，有的只是人們的親切笑容、有禮相待。在那裡，我感受到日本的文化氣息：皇居二重橋及江戶幕府歷代將軍所居住的江戶城的巍峨壯麗，金閣寺及臨濟宗相國寺派寺院的奢華極美，以及寄宿家庭對我的關愛。在離別時，大家依依不捨地揮手。一切一切，都令我難以遺忘。

文化的體驗是我的得著之一，而另外不得不提的是與日本學生以及組

員建立的深厚友誼了。在九日的行程中，其中的兩天是到蘆屋國際中等教育學校交流以及寄宿在日本家庭裡。在這兩天，我認識了幾位日本中學生，與他們一起享用午餐、一起玩遊戲、一起談天……直到現在，空閒的時間我仍與他們在電腦聊天說笑。而與我一起到日本交流的12位組員，在九天裡也培養了一段段友誼。

但願這次交流的感情永遠不會隨著時間消逝。



練習扇舞的第四組



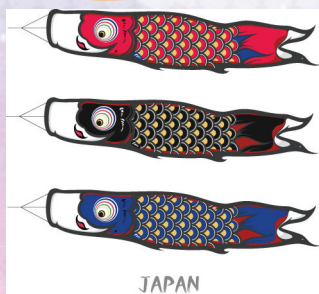
白雪茫茫



寄宿家庭活動



慶祝生日的感動



溫泉旅館的第四組



離別寄宿家庭的回憶

# 應用學習課程 — 酒店營運

訪問者：羅氏獎學金代表  
被訪者：陳承軒、馮美琪、盧穎琳同學  
(羅氏獎學金得主)  
指導老師：梁嘉敏老師



「開心了很多！因為有機會學習自己感興趣的科目！」

這是三位何文田官立中學的得獎同學形容他們修讀應用學習課程後的感受。陳承軒、盧穎琳和馮美琪，三人各有獨特的個性，卻不約而同地報讀了應用學習中的酒店營運課程。

原來在修讀應用學習課程之前，三人都經過一番掙扎，因為他們必須退修一科選修科。「如果可以再選擇，我也會再選修應用學習課程！」三人堅定，沒帶半點後悔的語氣，充分表達出他們在應用學習課程得著甚深。

「身邊有很多讀書很好的同學，有時都會怕自己比別人遜色，會對自己無信心…」在校內當輔導員的盧穎琳，原來都有否定自己的時候，但她坦言修讀酒店營運課程後，明白到「由低做起」及「多嘗試」的重要性：「『吃得苦中若，方為人上人』，我在這課程中嘗試了不同類型的工作，例如在客務部款待客人、在房務部打理、清潔…每個崗位都充滿挑戰，在這兒學懂的，比死記硬背多很多呢！」文靜又有點害羞的馮美琪亦隨隨補充，「修讀應用學習課程後，明白了出來社會工作後不能再像以往般被動和退縮，尤其在酒店業內工作，任何崗位都要主動為客人服務。我覺得現在自己變得主動了，無論在校內或校外上課，都多了向老師發問。」



聽著兩位小妮子的反思，直認自己成績不太理想，且在班上是「活躍分子」的陳承軒，頓時亦正經起來，「之前都有為自己的前途想過，但沒有一條路是有明確的方向的。但修讀了應用學習課程後，人生目標清楚了很多！起碼現在有少少感覺知道自己可以向哪方面發展！」聽著陳承軒語帶肯定的說話，亦知道他在空閒時會花時間上網搜尋關於酒店的最新資訊，會自學跟酒店有關的專業英語詞彙，亦會向課程導師諮詢從事酒店業的經驗及意見等…筆者更加確定的是，這小伙子口中的「少少」其實一點也不少，彷彿眼前這位穿著整齊純白校服的大男孩，就是個敬業樂業的酒店從業員。



「一直都覺得獎學金是頒予最優秀的同學的，自問在自己在應用學習的成績還可以…但從不覺得自己可以得獎！」馮美琪仍帶半點驚訝地形容被老師提名及獲得獎學金的感覺。坐在她身旁的同班好友盧穎琳亦表示，校內學生眾多，以往亦未曾得到老師對自己有好或壞的評價，故今次能獲何官老師的提名，感覺相當開心，「覺得被肯定，付出過的努力沒有白費！」同樣獲提名的陳承軒亦對此深感榮幸。

當訪問接近尾聲時，問到三人有否跟家人分享獲得獎學金的喜悅，陳承軒表示得到母親的鼓勵，他自己亦期望畢業後能繼續進修酒店業的知識，「即使將來在酒店業不能有一番大作為，亦要踏踏實實地做事，不為什麼，只為將來能夠供養一直照顧我的母親。」此情確實直教筆者感動，感動在於應用學習課程提供了一個很好的平台讓同學找到了自己的理想，改變了一個從不關心自己學業和將來的孩子，成為今天對自己和家人負責任的人。

至於兩位女孩子，馮美琪提到家人亦很替她高興，她認為獲取獎學金是對家人有所交待，「終於可以令家人(為她的學業)放心！」。對於兩位同學都獲得家人的支持，盧穎琳坦言家人沒有為她獲獎學金而有特別反應，「可能家人知道我比較獨立，很多事情都能自己處理，所以無特別讚賞我…」也許，這小妮子真的很渴望得到親人的一聲認同，但在「多彈少讚」的環境下成長，無疑卻也造就了她的獨立和成熟的一面，「讀書是我自己應該要做的事，我可以掌控的就是自己的努力，只要願意花時間令自己進步，每個人都可以成大器的！」沒想到外表溫柔婉若的她，內心的大志原來如此剛強、勇敢，實叫筆者為之欣賞。

路是人行出來的，筆者寄望三位同學都能憑著在應用學習課程中發展出來的毅力和勇氣，一步一步向著自己的目標繼續前行，無愧於心，共勉之！（以上各同學於2013-14年度獲羅氏應用學習獎學金）



# 我的夢想職業 - 西式甜品師傅



(中六級的鄧廣榮同學現正就讀於應用學習課程西式甜品製作，並因成績優異而獲取獎學金)

鄧廣榮 (中六)

在初中時期，學校已為我們提供很多關於認識不同職業的途徑，讓我們可以進一步了解各行各業；雖然我自己一向的學業成績平平，但我最近終於也尋找到一個樂趣，並希望以此為業。這個興趣就是西式甜品製作。

西式甜品雖然表面上看似很簡單，其實製作過程中有很多事項要注意及處理，而且要完成一個賣相吸引，味道特別的甜品一點也不易，

因此我覺得這項工作很具挑戰性。另外，每當我完成了一款甜品後，我也會感到很大的成功感，而且我也很喜歡看著別人吃了我的甜品而感到滿足的樣子。因此，我期望將來可以成為出色的西式甜品師傅。

為了增加製作西式糕點的了解及掌握不同的技巧，我於中五時報讀了應用學習課程的西式甜品製作。這課程十分實用，完成後又有銜接的課程，這對我一步步地

達成自己成為西式甜品師傅的夢想有很大的幫助。我打算在完成此課程後，繼續修讀有關西點製作的進階課程，務求令自己在這方面的知識更充實，然後我會嘗試到酒店求職，成為正式的王式甜品師傅。

雖然現在我的家庭未能提供充裕的物質條件，但我深信憑著個人堅毅不屈的信念，我定能有一天可以實現自己夢想的。



# 職業介紹 - 機艙服務員

香港青年協會青年就業網絡根據過去五年學校推行「行業探索」的數據分析，得出十個中學生最喜歡的職業，「機艙服務員」是排行榜中的第三名，可見於天空翱翔是不少年青人的夢想行業。

能穿著一套整齊又漂亮的制服、拖著皮箱、在機場進出、隨著飛機到世界各地工作，一年時間可能已可遊歷不同的地方，這是不少年青人夢寐以求的工作——機艙服務員。

機艙服務員的工作，簡單而言，就是在機艙內發生什麼也與你有關，由送餐、斟茶、到清潔洗手間都是一手包辦，他們的信念是：令乘客安全及愉快地飛抵目的地。

## 工作入行

1. 高中畢業；
2. 能伸手觸及指定高度，如國泰航空要求208cm，港龍航空則要求210cm；
3. 流利普通話及英語或其他外語更佳。



## 工作性質

1. 在乘客登機前要執拾及檢查機艙。
2. 迎接及引領乘客至指定座位就座，並照顧乘客的需要。
3. 派發雜誌讀物。
4. 回答詢問，並派發入境及其他表格。
5. 在機上準備食物及飲品，並派遞餐點。
6. 向乘客說明如扣上安全帶、穿著救生衣等安全知識，確保乘客遵守各項航班安全指示。
7. 執行機艙內的安全規則，並對乘客闡釋機上的安全設備，及在遇到事故時，協助乘客撤離機艙。

## 工作要求



機艙服務員是對人的服務，性格要平易近人、開朗和喜歡從事顧客服務。由於工作性質涉及很多瑣事，兼且機艙空間有限，因此要求處事謹慎、小心仔細。此外在機艙內所有服務都有既定程序，所以跟指引、跟程序工作、定時向上司匯報等概念是非常重要的。



在機艙工作，例如預備食物、派餐和餐飲，全都是肢體運動的工作，所以它並不是一份安坐辦公室的工作，而且在機艙上工作也挺辛勞的。加上要飛往不同地方，工作人員的適應能力也非常重要。

因為機艙內有不同國籍的乘客，所以如能操流利英語、普通話，或其他國家語言、中國方言就更佳。



## 工作前景

機艙服務員有明確的升遷制度，由經濟客艙到商務客艙，再到頭等客艙等。但航空業非常容易受環境經濟的衝擊，經濟好的時候可以常缺人手，經濟轉疲弱的時候又要裁員，或減少招聘。晉升途徑：

機艙服務員 → 事務長 → 高級  
事務長 → 機艙服務經理



# MBTI 性向測驗

尋找理想職業，由認識自己開始.....

## 提示:

請把答案 a 或 b 填寫在答案紙上。這些問題並沒有標準答案，每個答案都約有一半人選擇。

1. 我傾向從何處得到力量：  
A 別人。 (E)  
B 我自己的想法。 (I)
2. 當我參加一個社交聚會時，我傾向有更多的力氣：  
A 在夜深時，一旦我開始投入，也許就是最晚離開的那一個。 (E)  
B 夜深時，我就疲倦了並且想回家。 (I)
3. 下列哪一種聽起來比較吸引人？  
A 與我的情人到有很多人且社交活動頻繁的地方。 (E)  
B 待在家中與我的情人做一些特別的事情，  
例如說觀賞一部有趣的影片並享用我最愛的外帶食物。 (I)
4. 在約會中，我通常：  
A 整體來說蠻健談的。 (E)  
B 較安靜並保留，直到我覺得舒服。 (I)
5. 過去，我傾向遇見我大部分情人：  
A 在宴會中、工作上、休閒活動中、會議上、或當朋友介紹我給他們的朋友時。 (E)  
B 透過非工作或非正規的方式，例如 facebook、wechat、或是由親密的朋友和家人介紹。 (I)
6. 我傾向擁有：  
A 很多認識的人和朋友。 (E)  
B 一些很親密的朋友。 (I)
7. 過去，我愛的人和情人傾向對我說這些：  
A 你難道不可以安靜一點嗎？ (E)  
B 可以請你從你的世界中出來一下嗎？ (I)
8. 我傾向透過以下方式收集資訊：  
A 我對有可能發生之事的想像和期望。 (N)  
B 我對目前狀況實際認知。 (S)

9. 我傾向相信：
- A 我的直覺。 (N)
  - B 我直接的觀察和現有的經驗。 (S)
10. 當我置身於一段關係中時，我傾向相信：
- A 永遠有進步的空間。 (N)
  - B 若它沒有被破壞，別修補它。 (S)
11. 當我對一個約會覺得放心時，我傾向談論：
- A 未來，關於改進或發明事物，和生活的種種可能性。  
例如說，我也許會談論一個新的科學發明。 (N)
  - B 實際的，具體的，關於「此時此地」的事物。  
例如說，我也許會談論品酒的好方法，或我即將要參加的新奇旅程。 (S)
12. 我是這種人：
- A 喜歡先看整個大局面。 (N)
  - B 喜歡先掌握細節。 (S)
13. 我是這種型的人：
- A 與其活在現實中，我選擇活在我的想像裡。 (N)
  - B 與其活在我的想像裡，我選擇活在現實中。 (S)
14. 我通常：
- A 偏向於去想像一大堆關於即將來臨之約會的事情。 (N)
  - B 偏向於不拘緊即將來臨的約會，只期待讓它自然地發生。 (S)
15. 我傾向如此做決定：
- A 首先依我的心意，然依我的邏輯。 (F)
  - B 首先依我的邏輯，然後依我的心意。 (T)
16. 我傾向比較能夠察覺到：
- A 當人們需要情感上的支持時。 (F)
  - B 當人們不合邏輯時。 (T)
17. 當和某人分手時。
- A 我通常讓自己的情緒深陷其中，很難才能抽身而出。 (F)
  - B 雖然我覺得受傷，但一旦下定決心，我會直截了當地將過去戀人的影子甩開。 (T)

18. 當與一個人交往時，我傾向評量：
- A 情感上的相容性：表達愛意和對另一半的需求很敏感。 (F)
  - B 智慧上的相容性：溝通重要的想法，客觀地討論和辯論事情。 (T)
19. 當我不同意我情人的想法時：
- A 我盡可能地避免傷害對方的感受；若是會對對方造成傷害的話，我就不會說。 (F)
  - B 我通常毫無保留地說話，並且對我的情人直言直語，因為對的就是對的。 (T)
20. 認識我的人傾向形容我為：
- A 熱情和敏感。 (F)
  - B 邏輯和明確。 (T)
21. 我把大部分和別人的相遇視為：
- A 友善及重要的。 (F)
  - B 另有目的。 (T)
22. 若我有時間和金錢，我的朋友邀請我到國外度假，並且在一天前才通知，我會：
- A 必須先檢查我的時間表。 (J)
  - B 立即收拾行裝。 (P)
23. 在第一次約會中，若我所約的人來遲了：
- A 我會很不高興。 (J)
  - B 一點都不在乎，因為我自己已常常遲到。 (P)
24. 我偏好：
- A 事先知道約會的行程：要去哪裡、有誰參加、我會在哪裡多久、該如何打扮。 (J)
  - B 讓約會自然地發生，不做先前太多的計劃。 (P)
25. 我選擇的生活循環著：
- A 日程表和組織。 (J)
  - B 自然發生和彈性。 (P)
26. 哪一項較為常見：
- A 我準時出席而其他人遲到。 (J)
  - B 其他人都準時出席而我遲到。 (P)

27. 我喜歡.....：

- A 下定決心並且做出最後肯定的結論。(J)  
B 開放我的選擇並且持續收集資訊。(P)

28. 我是這類型的人：

- A 喜歡在一個時間裡專心於一件事情直到完成。(J)  
B 享受同時進行好幾件事情。(P)

E: _____	N: _____	F: _____	J: _____
I: _____	S: _____	T: _____	P: _____

(請計算每個字母共選擇了多少次)

上列共分四組 (EI, NS, FT, JP)

如E選了七次，I選了一次，則把E寫下來

例子：

E: <u>7</u>	N: <u>0</u>	F: <u>4</u>	J: <u>4</u>
I: <u>0</u>	S: <u>5</u>	T: <u>3</u>	P: <u>3</u>

上列結果的性格類型為ESFJ。再看右邊分析。



看看測驗結果>>>



# MBTI 性向測驗結果

ESTJ 大男人型	適合從事的行業	ESTP 挑戰型	適合從事的行業
<ul style="list-style-type: none"> <li>與人關係和好</li> <li>講實際、重現實、公事公辦</li> <li>為人一一致，言行合一</li> <li>喜歡組織和參與活動</li> <li>果斷、迅速行動起來有系統地執行工作</li> <li>願意做規律性的工作</li> <li>考慮日常事務的各種細節</li> <li>對時間很重視而準時</li> </ul>	<ul style="list-style-type: none"> <li>企業管理層</li> <li>警察</li> <li>法官</li> <li>金融業者</li> <li>銷售代表</li> </ul>	<ul style="list-style-type: none"> <li>友善、活躍，惹人喜愛、易表達同感</li> <li>對周圍環境的種種挑戰做出創造性的應戰，擅長於現場解決問題</li> <li>善用環境資源</li> <li>喜歡尋找新的、容易的辦法來解決難辦的事情</li> <li>善應變、容忍、重實效</li> <li>有發明才智和謀略，集中精力於取得成果</li> <li>最喜好能幹好、能掌握、能分析、能合一的實際事物</li> <li>評估人的動機很準確</li> <li>善觀察非語言的線索</li> </ul>	<ul style="list-style-type: none"> <li>銷售代表</li> <li>市場部</li> <li>警務人員</li> <li>電腦技師或網絡管理員</li> <li>計算機技術支持</li> <li>企業家</li> <li>運動員</li> </ul>
<p><b>給他人的印象</b></p> <p>他人認為你可以不費力地制定系統、程式和信計劃，喜歡依賴你去擔當責任，依靠你辦事。他人可能還會覺得難於對你表示抗拒，你對事情應該怎樣是十分肯定的。在交際中清晰、直截了當，所以很少費力去琢磨你想的是什麼。</p> <p>很合群，喜歡與各種人交往，尤其在涉及工作、遊戲、傳統和家庭等活動時更是如此。認真對待與外界關係中自己的角色，並盡歡盡興地做好份內的事情。別人一般認為你：</p> <ul style="list-style-type: none"> <li>正直、可靠</li> <li>決斷、直言、自信</li> </ul>		<p><b>給他人的印象</b></p> <p>是各種活動（集會、運動或工作）中受歡迎的夥伴，因為你熱愛生活和眼下的享受。</p> <p>長於生活藝術。別人能感受你的熱情和幽默，並受其影響。熱愛生活並投入其中。是喜歡行動的人。不喜歡並選開理論和書籍的束縛。在傳統的學校讀書對這類人來說可能是困難的事。別人往往這樣看待你：</p> <ul style="list-style-type: none"> <li>合群、愛開玩笑和不矯揉造作</li> <li>大膽的冒險者</li> <li>重實效的，排憂解難的快手</li> </ul>	

<b>ENFJ 主人型</b>	適合從事的行業	適合從事的行業
<ul style="list-style-type: none"> <li>• 熱心、健談、受歡迎，有責任心</li> <li>• 腳踏實地、注重實踐</li> <li>• 井井有條</li> <li>• 喜歡構建秩序、架構和計劃</li> <li>• 將他人的需求置於自己之上</li> <li>• 擅於給予他人切實的幫助</li> <li>• 合作互助，是非常優秀的團隊成員</li> </ul> <p><b>給他人的印象</b></p> <p>從與他人的相互影響中受到激勵，真切地關心他人的生活和事務。當形勢明確時，感到最舒服怡然。喜歡制定秩序、計劃和安排時間。願意按傳統的和已被接受的方式做事。</p> <p>為了與人和睦相處，在很多情況下會與別人達成一致意見。但是，在認為恰當的時候，也會清楚又自信地表達自己強烈的價值觀。</p> <p>重視家庭和社會聯繫。喜歡有所歸屬，善於在慶典和傳統場合表現自己。他人一般認為你：</p> <ul style="list-style-type: none"> <li>• 好交際、外向、熱情、精力充沛</li> <li>• 條理清楚、按部就班</li> <li>• 尊重由來已久的傳統</li> </ul>	<ul style="list-style-type: none"> <li>• 護理</li> <li>• 教師</li> <li>• 行政管理</li> <li>• 幼兒工作</li> <li>• 家庭醫生</li> <li>• 宗教工作者</li> <li>• 辦公室經理</li> <li>• 社工</li> <li>• 會計</li> <li>• 行政助理</li> </ul>	<b>ISRP 表演型</b> <ul style="list-style-type: none"> <li>• 開朗、隨和、友善</li> <li>• 狂熱於新鮮事物和體驗</li> <li>• 腳踏實地的現實主義者</li> <li>• 對孩子和小動物特別有感情</li> <li>• 極為成熟的審美能力</li> <li>• 寬容大量、樂觀、循循善誘</li> <li>• 熱情、富有同情心、圓滑得體</li> </ul> <p><b>給他人的印象</b></p> <p>他人會感到與你在一起很快樂。你的飽滿情緒和熱情吸引了別人。靈活、適應性強、隨和，又很好相處。很少事先做什麼計劃，自信能夠遇事隨機應變，當機立斷。討厭框框，討厭老一套，總能設法避開這些東西。</p> <p>總是在活動當中、在與環境周旋中學習。不喜歡理論和書面的說教。對於你來說，傳統的學校可能是個會令人頭痛的東西，但是如果明確了目標，並可以與研究的課題和人有某種交流的話，會做得很好。別人一般這樣看待你：</p> <ul style="list-style-type: none"> <li>• 足智多謀、可以依賴</li> <li>• 合群、愛熱鬧、愛玩耍、不做作</li> </ul>

ENTJ 將軍型	適合從事的行業
<ul style="list-style-type: none"> <li>• 天生的領袖</li> <li>• 自信、直率，果斷</li> <li>• 擁有將理論變為方案的魄力</li> <li>• 高度重視知識</li> <li>• 希望事物有組織有秩序</li> <li>• 極強的語言溝通能力</li> <li>• 不喜歡常規的、重細節的工作</li> </ul>	<ul style="list-style-type: none"> <li>• 公司管理者；組織創建者</li> <li>• 個人企業家</li> <li>• 計算機諮詢師</li> <li>• 律師</li> <li>• 法官</li> <li>• 業務主管、經理</li> <li>• 大學教授以及大學裡的管理者</li> </ul>
<p><b>給他人的印象</b></p> <p>喜歡與人發生有刺激性的關係，並願意在這些事上花費精力。經常對他人的言行提出質疑，希望他人出面維護自己的行為，這樣就可以互相學習。欽佩那些反對你、直言不諱，爭論，有說服力的人，並渴望碰到這種人。喜歡事情解決得清清楚楚，但你对理論的偏愛可能使你廣泛地憑理論去探索和討論問題，從而忽略了實際。你善言辭、果斷、自信，但有時會使你凌駕於他人之上。別人一般認為你：</p> <ul style="list-style-type: none"> <li>• 直爽、富於挑戰性、果斷</li> <li>• 客觀、公正、有激勵性</li> </ul>	

ENTP 發明家	適合從事的行業
<ul style="list-style-type: none"> <li>• 任務導向型</li> <li>• 樂於思考喜歡創造理論</li> <li>• 富於創造性且頭腦機敏</li> <li>• 聰明能幹</li> <li>• 性格柔順且多變</li> <li>• 優秀的人際溝通技巧</li> <li>• 樂於與他人就各種問題進行論辯</li> </ul>	<ul style="list-style-type: none"> <li>• 律師</li> <li>• 心理醫生</li> <li>• 企業家</li> <li>• 攝影師</li> <li>• 顧問</li> <li>• 工程師</li> <li>• 科學家</li> <li>• 演員</li> <li>• 銷售代表</li> <li>• 市場調研員</li> <li>• 計算機程序員，系統分析員或計算機專員</li> </ul>
<p><b>給他人的印象</b></p> <p>順乎自然，而且善應變。你覺得日程和標準的辦事程序會束縛手腳，只要可能，就避開這些。非常會洞察他人的態度，而且會通過自己的熱情和能力，鼓勵人們支持你的看法。</p> <p>談話的方式總帶有挑戰性和刺激，喜歡爭論，善辭令，腦筋快。然而，當陳述自己的基本思考原則時，卻可能感到侷促不安，而且說話緊張、不連貫。別人一般這樣看待你：</p> <ul style="list-style-type: none"> <li>• 獨立，自主</li> <li>• 活潑，熱情，精力充沛</li> <li>• 果斷，直言不諱</li> </ul>	



ENFP 教育家	適合從事的行業
<ul style="list-style-type: none"> <li>• 待人真誠熱情</li> <li>• 重視他人的感受</li> <li>• 重視和諧並善於營造和諧的環境</li> <li>• 優於常人的交際能力</li> <li>• 優秀的組織能力</li> <li>• 富於創造和想像力</li> <li>• 喜歡多樣化和新的挑戰</li> <li>• 通過幫助他人來獲取滿足感</li> <li>• 對於批評和不和諧極度敏感</li> </ul>	<ul style="list-style-type: none"> <li>• 協調人</li> <li>• 顧問</li> <li>• 心理諮詢工作者</li> <li>• 社會工作者</li> <li>• 教師</li> <li>• 神職人員</li> <li>• 銷售代表</li> <li>• 人力資源管理</li> <li>• 經理</li> <li>• 項目協調員</li> <li>• 政客/外交官</li> <li>• 作家</li> </ul>
<p><b>給他人的印象</b></p> <p>人們覺得你精力旺盛，熱情洋溢又善解人意。你真誠的關懷往往使得最孤獨的人都被打動，並受到影響。傾聽他人的意見，幫助他人，自己有時也可以清晰地表達個人的價值觀。你從眾人那裡獲得活力，善於社交，可是你也極其需要真誠的親密關係，非常熱情、迫切地建立並保持這樣的關係。</p> <p>喜歡生活井井有條，儘量消除不清楚的關係和交際形式。如果眾人的需求與日程安排或規章發生衝突，還是把眾人放在首位。他人一般認為你：</p> <ul style="list-style-type: none"> <li>• 好交際，氣宇不凡，友善，親切</li> <li>• 善表達，易感應，善勸服</li> </ul>	

ENFP 記者型	適合從事的行業
<ul style="list-style-type: none"> <li>• 開明並且有能力</li> <li>• 個性溫和，發自內心對他人感興趣</li> <li>• 極其相信直覺，且對他人的洞察力強</li> <li>• 能一定程度上適應他人</li> <li>• 以服務他人為中心</li> <li>• 不喜歡從事重複的工作</li> <li>• 善於合作，為人友好</li> <li>• 充滿創造力，精力充沛</li> <li>• 良好的表達、書寫能力和溝通技巧</li> </ul>	<ul style="list-style-type: none"> <li>• 心理學家</li> <li>• 企業家</li> <li>• 演員</li> <li>• 教師</li> <li>• 顧問</li> <li>• 政治家/外交家</li> <li>• 作家/記者</li> <li>• 電視主播</li> <li>• 電腦程序員，系統分析員或者電腦專家</li> <li>• 科學家</li> <li>• 工程師</li> </ul>
<p><b>給他人的印象</b></p> <p>ENFP 型的人非常幸運，因為他們有能力做好的事情很多。一個 ENFP 型的人通常能在他感興趣的方面取得一定的成功。然而，ENFP 型的人非常容易感到厭倦，並且天生不擅長於堅持不懈地努力直到事情完成。因此，他們應該避免那些講究細節，完全遵照計劃的工作。在允許他們發揮創造力，貢獻他們的新想法且需要近距離與他人交流的領域，ENFP 很容易成為專家。他們在受限制或是被管制的崗位上可能不會感到愉快。</p>	

ISTJ 公務型	適合從事的行業
<ul style="list-style-type: none"> <li>注重傳統、安全及和平</li> <li>喜歡單獨工作，但有必要的時候也能參與團隊工作</li> <li>極富觀察力</li> <li>具豐富多樣的知識能幫助他們理解他們在生活中所遇到的問題</li> <li>對於事實和具體信息有著極高的興趣</li> <li>能使用邏輯和理性思維客觀地做出決定</li> <li>不喜歡改變，除非他們能看到改變能帶來的具體利益</li> <li>對於事情的走向有著自己鮮明的想法</li> </ul>	<ul style="list-style-type: none"> <li>企業行政、管理人員及經理</li> <li>會計及財務總監</li> <li>警察及偵探</li> <li>法官</li> <li>律師</li> <li>醫生/牙醫</li> <li>計算機程序員、系統分析師及計算機專員</li> </ul>

### 給他人的印象

當滿意自己在交往中的地位時，是喜歡交際的。但是，除了親近的朋友之外，一般不向外人坦露自己寶貴的觀察結果和知識經驗。

一旦你覺悟到某些事情對你所關心的人至關重要時，你就會承認這種需要，轉而慷慨大度地去滿足這種需要，即使你仍然認為這種需要不可理解。他人一般認為你：

- 平靜、謹慎、嚴肅
- 始終如一、有條不紊

ISTP 冒險家	適合從事的行業
<ul style="list-style-type: none"> <li>在實踐操作中學習效率極高</li> <li>通常能夠掌握理論並進行抽象思維</li> <li>注重行動的「實幹家」</li> <li>喜歡多變，喜歡新鮮事物</li> <li>高度注重現實性和實用性</li> <li>絕佳的「問題解決者」，有能力為各類實際問題迅速找出解決方案</li> <li>注重結果</li> <li>與人相處時低調隨意</li> </ul>	<ul style="list-style-type: none"> <li>警務人員</li> <li>犯罪心理學家</li> <li>計算機程序員、系統分析員及計算機專員</li> <li>工程師</li> <li>商人</li> <li>飛行員、駕駛員</li> <li>運動員</li> <li>企業家</li> </ul>

### 給他人的印象

別人會覺得你是平等主義者，很大度地容忍很多不同行為。但事實上，其前提是不衝擊自己主要的、合乎邏輯的原則。如果與這些原則發生衝突，就會非常堅決而清楚地表明自己的判斷，這使旁人很感驚奇。不好爭論，能夠傾聽別人，也能對他人表示贊同。但事實上過一段時間，他人會發現你會對他人的觀點做分析並有自己

的判斷。  
在不斷探索信息和關注結果的過程中，如果發現其他更有效的途徑就會樂於改變做法。因此，他人有時不易「看透」你，你多半少言而自制。一般認為你：

- 善應變，是喜歡採取行動的冒險者
- 自信，獨立，喜歡自己拿主意

ISFP 照顧型	適合從事的行業	適合從事的行業
<p><b>ISFP 照顧型</b></p> <ul style="list-style-type: none"> <li>擅於察言觀色，對他人的情感和反應有著敏銳的洞察力</li> <li>對於重要的細節有著極強的記憶能力</li> <li>對於周圍事物觀察細緻</li> <li>能夠長時間的努力工作直到任務完成</li> <li>以服務他人為生活重心；關注他人的需求</li> <li>在實踐中能夠得到最佳的學習效果</li> <li>喜歡創建結構和秩序</li> </ul>	<p><b>適合從事的行業</b></p> <ul style="list-style-type: none"> <li>室內裝潢設計師</li> <li>設計師</li> <li>護士</li> <li>主管及經理</li> <li>行政助理</li> <li>幼兒教師</li> <li>社工</li> <li>律師助理</li> <li>神職人員/宗教工作者</li> <li>辦公室經理</li> <li>零售商人</li> <li>檔案管理員</li> </ul>	<p><b>適合從事的行業</b></p> <ul style="list-style-type: none"> <li>藝術家</li> <li>音樂家/作曲家</li> <li>設計師</li> <li>社工</li> <li>教師</li> <li>心理學家</li> <li>獸醫</li> <li>護林員</li> <li>兒科醫生</li> </ul>
<p><b>給他人的印象</b></p> <p>在交往中謙遜而少言，常常考慮別人，特別是家庭成員的需要。不喜歡對抗，並會盡力幫助別人。但當問題涉及到你對傳統和人的情感的尊重時，有時也會導致你向別人提出挑戰。人們可以看到你的價值觀，你對計劃和事件結果的期望以及你的善意。別人可能看不到你大量豐富而準確的對事物的洞察。別人往往覺得你：</p> <ul style="list-style-type: none"> <li>少言、嚴肅、認真</li> <li>能體諒人，照顧人</li> <li>尊重約定，維護傳統</li> </ul>	<p><b>ISFP 藝術家</b></p> <ul style="list-style-type: none"> <li>對周圍的環境有著敏銳的洞察力</li> <li>個人主義傾向，沒有領導或被領導的欲望</li> <li>做事認真仔細</li> <li>對小孩和動物有著特殊的感情</li> <li>信賴他人，敏感細膩，和藹可親</li> <li>服務導向型；他們樂於幫助他人</li> <li>富於創造力且能突破傳統</li> <li>需要空間和自由來用自己的方法做事</li> </ul> <p><b>給他人的印象</b></p> <p>只要於你至關重要的事情沒有受到威脅，就很可能適應外界，也很靈活。否則，就不再迎合外界。常關心人，但可能通過行為而不是語言來表達這種關懷。</p> <p>往往少言，不矜持，對於不認識你的人，可能不明顯表達你的熱心、熱情和有趣的幽默。不喜歡控制形勢，而喜歡觀察，並從中給予幫助。沒有什麼稱霸的欲望。</p> <p>可能會被他人評價過低，也可能低估自己，總是認定自己已經盡力做了，而且過分地把自己內心的標準與實際表現和成績相對照。他人一般覺得你：</p> <ul style="list-style-type: none"> <li>少言、自制、喜歡獨處，不易被瞭解</li> <li>得很深，不矯飾、寬容</li> </ul>	<p><b>適合從事的行業</b></p> <ul style="list-style-type: none"> <li>藝術家</li> <li>音樂家/作曲家</li> <li>設計師</li> <li>社工</li> <li>教師</li> <li>心理學家</li> <li>獸醫</li> <li>護林員</li> <li>兒科醫生</li> </ul>

<p><b>INTJ 專家型</b></p>	<p><b>適合從事的行業</b></p> <ul style="list-style-type: none"> <li>• 科學家</li> <li>• 工程師</li> <li>• 教授</li> <li>• 醫護人員/牙醫</li> <li>• 企業戰略顧問及組織機構構建者</li> <li>• 商務管理者/經理人</li> <li>• 指揮官</li> <li>• 律師/司法代理人</li> <li>• 法官</li> <li>• 計算機程序員，系統分析員及電腦專員</li> </ul> <p><b>給他人的印象</b></p> <p>一般不直截了當地表現自己最受尊敬的和最有價值的那一部分，即創造性的洞察力，而是將這種洞察力表現在有邏輯的計劃決策上。因此，旁人有時覺得你很難駕馭，而這一切大大出乎你的意料，因為在面對新的具體情況時，在你還沒對此形成自己的獨特理論認識之前，你很願意改變觀點。以平靜、果斷、自信的現象面對世界，但發現自己在實際中有困難。別人一般認為你：</p> <ul style="list-style-type: none"> <li>• 喜歡獨處，自制力強，難以被人瞭解，甚至冷漠</li> <li>• 概念化，有創造性，獨立性強</li> </ul>
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<p><b>INTP 學者型</b></p>	<p><b>適合從事的行業</b></p> <ul style="list-style-type: none"> <li>• 科學家</li> <li>• 特別在物理、化學方面的攝影師</li> <li>• 數學家</li> <li>• 大學教授</li> <li>• 電腦程序員、統計分析師、電腦動畫師以及計算機專業人員</li> <li>• 專業技術書籍作家</li> <li>• 工程師</li> <li>• 律師代理人</li> <li>• 法官</li> <li>• 法律研究員</li> <li>• 公認森林人</li> </ul> <p><b>給他人的印象</b></p> <p>平時沉默寡言，只有涉及到特別熟悉的領域時，才變得健談。喜歡尋求解決問題的辦法，把它當作挑戰，但不喜歡具體實踐這些方法，除非工作需要你採取行動。不情願去組織工作，也不喜歡做受形勢左右的事情。</p> <p>能寬容很多不同的行為，只在自己認為應該做的時候才爭論問題和提出問題。但是，如果你的基本原則受到挑戰，上述的靈活性就沒有了。那時，你不再去適應外界，而是依原則辦事。</p> <p>由於重視邏輯和理論，在實際中，討厭囉嗦或述說顯而易見的表面事實，希望陳述事實的核心部分，但是會陳述得過於複雜、過於抽象、邏輯化，而使他人難以理解。別人往往認為你：</p> <ul style="list-style-type: none"> <li>• 少言，自制，平靜，獨立觀察外界</li> <li>• 獨立，看重自治</li> </ul>
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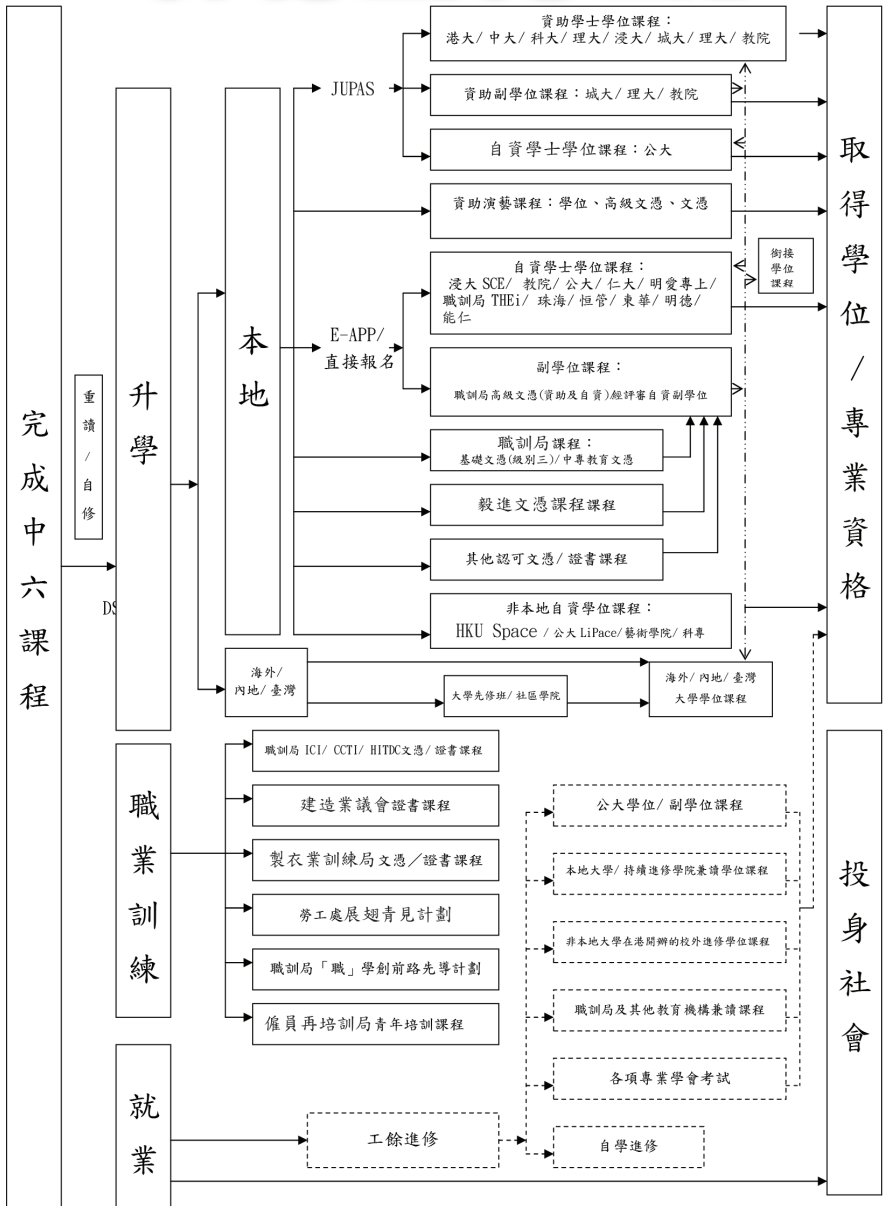


INFP 作家型	適合從事的行業
<ul style="list-style-type: none"> <li>理想主義</li> <li>高度原則性</li> <li>敏感且對他人富有同情心</li> <li>重視深刻、真實的關係</li> <li>想瞭解什麼能激勵別人及對他人具洞察力</li> <li>不斷尋求一切事物的意義和目的</li> <li>有創造力，有遠見</li> <li>感情豐富並容易投入</li> <li>能邏輯且理性地工作</li> </ul> <p><b>給他人的印象</b></p> <p>他人隨時都能體會到你的同情和關心，但會覺得不易瞭解你，因為你只對自己信任的人才坦露對事物的認識和感觸。如果你試圖表達自己內在的哲學，往往做得含蓄而複雜。</p> <p>雖然你一般都有自制力，但是當你自身價值受到藐視時，會毫不猶豫地維護自己。那麼，就變得固執並一直堅持下去。別人往往認為你：</p> <ul style="list-style-type: none"> <li>喜歡獨處，神秘</li> <li>易走極端，個人主義</li> </ul>	<ul style="list-style-type: none"> <li>神職人員/宗教工作者</li> <li>教師</li> <li>內科醫生/牙醫</li> <li>特殊健康護理師，例如脊椎推拿治療師，反射療法治療師</li> <li>心理學家</li> <li>精神專家</li> <li>社會工作者</li> <li>音樂家和藝術家</li> <li>攝影師</li> <li>幼兒護理/兒童早期發展專家</li> </ul>

INFP 哲學家	適合從事的行業
<ul style="list-style-type: none"> <li>安靜觀察者</li> <li>具好奇心且很快能看出機會所在</li> <li>常擔負開發創意的職業者</li> <li>行事具彈性、適應力高且承受力強</li> <li>思想瞭解及發展他人潛能的企圖</li> <li>做事能全神貫注</li> <li>對所處境遇及擁有不太在意</li> </ul> <p><b>給他人的印象</b></p> <p>認為規則和制度束縛手脚，喜歡自主地工作。如果內在價值觀沒有受到干擾的話，很能適應生活，也很靈活，否則，便不去適應外界。由此會做出令人驚訝的價值判斷。</p> <p>容易自制，在坦露自己保留在心底最深層的價值和情感受時很謹慎小心。重視與他人有深度、真實、共同進步的關係。最讚賞那些肯費時去理解你的價值和目標的人。他人一般認為你：</p> <ul style="list-style-type: none"> <li>敏感的、內省的、複雜的</li> <li>有獨創性、有個性</li> </ul>	<ul style="list-style-type: none"> <li>作家</li> <li>社工</li> <li>教師/教授</li> <li>心理學家</li> <li>精神科學家</li> <li>音樂家</li> <li>神職人員/宗教工作者</li> </ul>



# 中六學生升學出路



## 2014年度整體收生概況



資料來源：學友社

## 2014 JUPAS 競爭形勢分析

2012-2014 香港中文文憑考試 日校及自修考生數據

年份	日校生	自修生	總考生
2012	70,282	2,792	73,074
2013	71,222	11,128	82,350
2014	66,613	13,002	79,611

## 2013部份考生數據

最佳五科及包括中、英

考獲分數	佔總考生數目
19-21	10,015(13.8%)
22-24	5,554(7.7%)
25-27	2,786(3.8%)
28-30	1,516(2.1%)
31-33	775(1.1%)
34-35	161(0.2%)

資助學位：15,000個  
(未包括20%可轉非聯招生)  
考獲22-35點學生：  
10,812  
考獲19-21點學生：  
10,015  
競逐1,000-4,000學額

## 學生們的選擇...

